



**ALPHA NATURA**  
Natural Herbal Dietary & Nutricional Supplements

# Catalogue

Dietary Supplements  
Capsules - 100% Natural



**ALPHA NATURA**

(+51) 997-786918, (+51) 993-953893  
(+51) 994-812868, (+51-1) 708-6197  
E-mail: [sales@alphanatura.com](mailto:sales@alphanatura.com)  
[www.alphanatura.com](http://www.alphanatura.com)



Comprale al Perú



*Go the NATURA way ... Feel the NATURA way!*





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**Artichoke:** Supplement 100% natural based on artichoke leaf. It contains vitamins A, B 1, B 2 and C, and minerals such as iron, phosphorus, manganese, magnesium, calcium, potassium, sodium and copper. Recommended for lowering cholesterol, lowering blood pressure, reducing blood sugar, natural diuretic, it protects the liver and favors the biliary function.



**Acai Berry:** Fruit of the Amazon Rainforest 300% more antioxidant than grape or cranberry. It contributes to the elimination of free radicals, decreases cellular aging, increases the immune defenses. Promotes generation of muscle mass and gives a healthy look to the skin, has a high fiber content helps reduce fat and reduces cholesterol level.

## Recommended for:

Antidiabetic

Antioxidant

Antiparasitic

Digestive System

Hormonal Balance

Hair and Nails

Tiredness, Fatigue and Anemia

Cholesterol

Concentration, Memory

Liver

Skin and Muscle mass

Immune system

Nervous System, Stress, Insomnia

Osseous System, Rheumatism

Reproductive System

Overweight

Respiratory System

Urinary System

Vision

## Dietary Supplement

Sugar Balance, Bitter Melon, Moringa, Yacon

Acai Berry, Lady Shapper, Beta carotene, Camu Camu, Turmeric, Purple Corn, Moringa, Noni, Secret Woman, Sacha Inchi

Graviola

Turmeric, Dragon's Blood

Lady Shaper, Maca Premium, Secret Woman

Lady Shapper, Ca+Mg+Zn, Nasturbium

Maca Premium, Moringa, Noni, Spirulina Plus

Artichoke, Caigua, Hercampuri, Sacha Inchi, Yacon

Fastest Mind, Ginko Boliba

Artichoke, Cardo Mariano, Stone Breaker, Turmeric, Sand Flower, Hercampuri, Hepa Health

Acai Berry, Lady Shaper, Beta Carotene, Camu Camu, Ca+Mg+Zn, Calagualla, Nasturtium

Acai Berry, Beta Carotene, Ca+Mg+Zn, Camu Camu, Shark Cartilage Premium, Graviola, Maca Premium, Moringa, Noni, Sacha Inchi, Uña de Gato

Herbal Relax, Fastest Mind, Turmeric, Orange Blossom

Ca + Mg + Zn, Shark Cartilage Premium, Sand Flower, Chuchuhuasi, Maca premium, Secret Woman

Chuchuhuasi, Maca Premium, Prost Relieve, Sensuality Plus, Virility Plus

Acai Berry, Herbal Slim, Green Coffee, Caigua, Hercampuri, Mango plus, Spirulina Plus, Yacon

Nasturtium, Panizara, Pulmonaria

Nasturtium, Stone Breaker, Sand Flower, Prost Relieve

Beta carotene, Ca + Mg + Zn, Turmeric

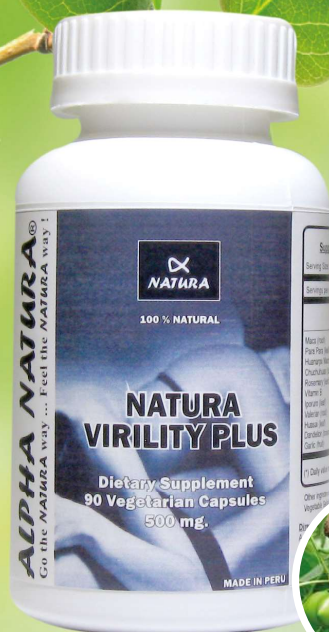




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**Virility Plus:** Herbal mixture from the Amazon rainforest. Increases sexual desire and libido, promotes and supports fertility, helps to achieve an efficient erection, improves the quality of seminal fluid and sperm volume increases.



**Yacon:** Tuber growing in the area of the Andes, recommended in people with diabetes and overweight as it helps metabolize glucose and no calories. Prevents accumulation of fat in the body by controlling cholesterol levels in the blood.



**Herbal Slim:** 100% natural herbal Mixture that helps fight obesity and overweight, lowers cholesterol, has laxative to relieve constipation is a detoxifying and purifying impurities from the blood.



**Lady Shaper:** Based on Aguaje fruit of the Peruvian Amazon, recommended for all women. It helps restore hormonal balance (phytoestrogens or phytoestrogens). Improves skin texture and facilitates the firmness of the muscles and breasts. It is a natural antioxidant important. Prevents hair loss and removes excess hairiness.

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**Herbal Relax:** Mixture 100% natural herbal that helps reduce anxiety and sleep problems associated with stress and insomnia, fatigue. Intellectual exhaustion, helping to problems of nervousness.



**Beta-carotene:** Rich in vitamin A, E and C. It helps to maintain proper vision, protect the eyes from cataracts and prevents eye dryness. Excellent antioxidant, helps prevent aging. It stimulates the immune system. It is beneficial for the skin, and also activates melanin, natural protection against the harmful rays of the sun.



**Spirulina Plus:** It is an important food supplement for its high content of vitamins, macro minerals, minerals, essential fatty acids, proteins, nucleic acids (DNA and RNA), chlorophyll, and a wide range of phytochemicals. It is especially effective in cases of anemia, demineralisation and exhaustion. It helps regain fitness, energy and vitality and detoxify the body.



**Cat's claw:** 100% natural supplement it based on a plant in the Amazon region, traditionally used for its anti-inflammatory properties in cases of arthritis, osteoarthritis and rheumatism. Eliminates the presence of free radicals cleansing the body. Strengthens the immune system.



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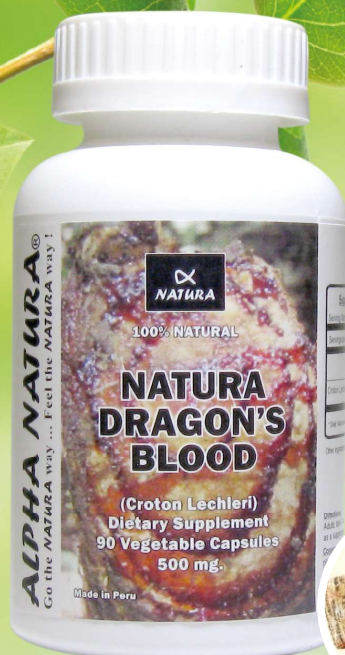




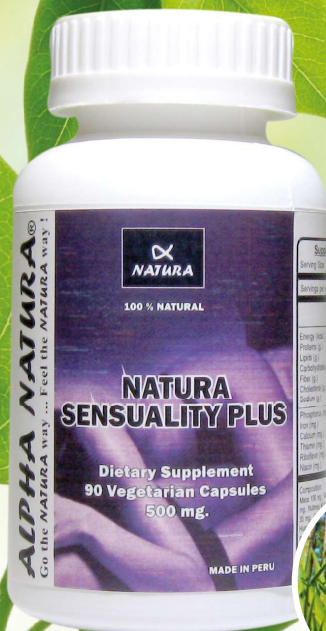
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**Dragon's Blood:** 100% natural supplement based on a resin extracted from a species of tree that grows in the Amazon region, traditionally used in the treatment of stomach ulcers and gastritis problems. It contains a high content of Taspine, accelerates the healing process of internal injuries



**Sensuality Plus:** Herbal mixture from the Amazon rainforest. Composite energy for everyday use, has an invigorating and stimulating power. Increases sexual desire and libido. It promotes and supports fertility. Increases sexual potency.



**Ca + Mg + Zn:** 100% natural compound containing seaweed, spinach, sunflower seeds, sesame, mustard and alfalfa. It helps maintain healthy bones and teeth. Improve the functioning of the immune system, healing and acuteness of the senses. It helps nourish hair, nails and skin.



**Green Coffee:** An extract of green coffee bean that has been formulated to burn fat and lose body weight for its high content of chlorogenic acid, a substance that disappears when coffee is roasted. It also has a satiating effect, so it helps to eat less and therefore consume fewer calories.



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**Caigua:** native of Peru, is a natural slimming, helps regulate fat metabolism by reducing blood cholesterol, lowers bad LDL cholesterol and helps increase good cholesterol HDL. Helps in preventing heart disease and coronary heart disease. High pressure stabilizes.



**Camu Camu:** Fruit of the Peruvian Amazon that contains the highest concentration of vitamin C known today. Increases the body's defenses, it favors the formation of collagen in the body. It is a powerful antioxidant, slows aging. It is also an anti viral agent.

**Pulmonaria:** Indicated for various respiratory conditions such as bronchial catarrh, sore throat, dry or dry cough, sore throat and hoarseness. It has an emollient, astringent, expectorant, plus also, anti-inflammatory, diuretic and sudorific action. Very useful to counteract the negative effects of snuff on the airways.



**Sacha Inchi:** 100% natural supplement based on a seed of the Peruvian Amazon with high protein and oil, one of the largest vegetable sources of Omega 3,6 and 9. It is a natural antioxidant, it contributes to the proper functioning of the brain, heart immune system and cholesterol reduction.

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**Secret Woman:** 100% natural herbal mixture helps reduce the symptoms of pre-menopause and menopause, hormonal provides necessary nutrients, helps maintain hormonal balance, provides greater bone density. It reduces cholesterol and acts as an antioxidant.



**Prost Relieve:** 100% natural herbal blend helps relieve urogenital system, prevents prostate growth, inflammatory, used in kidney, liver, prostate, gallbladder, reduce uric acid and cystitis, diuretic, tonic.



**Calaguala:** 100% natural Supplement protects the skin and prevents skin aging, skin used for disorders including psoriasis, eczema, skin diseases, vitiligo stand, etc.



**Nasturtium:** plant native to Peru, has a substance with antimicrobial action, which acts as a true bacteriostatic antibiotic. This natural antibiotic does not destroy the bacterial flora, or cause sensitivity or allergic reactions. Prevents infections of the respiratory and urinary tract. Regenerate and returns the smoothness to the skin and revitalizes hair and even making it grow.



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**Cardo Mariano:** Traditionally used as a liver protector, inflammatory and regenerating liver, lowers cholesterol, relieves menstrual discomfort and constipation.



**Shark Cartilage Premium:** Supplement 100% natural, helps relieve pain in joints and muscles. In people suffering from arthritis consumption of shark cartilage inflammation and decreases their pain without any serious side effects. It stimulates the immune system.



**Noni:** 100% natural supplement based on a fruit rich in nutrients beneficial to health, acts at the detoxified cells, eliminating free radicals and regenerating to achieve normal operation. It is a natural antioxidant, strengthens the immune system. It increases energy, improves sleep and moods.



**Panizara:** Aromatic plant own wild in the area of the Peruvian highlands, is characterized by the pleasant smell that has, is used to relieve colds, colds, infections and cramps.







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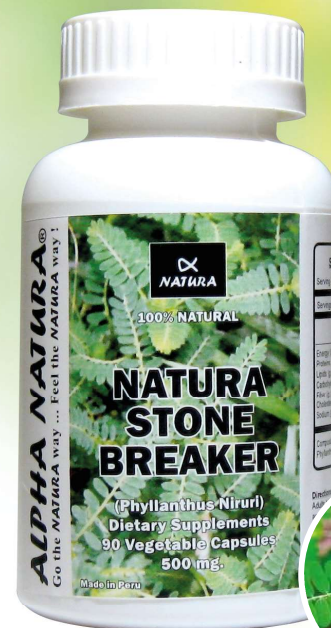
**Bitter melon:** Supplement 100% natural highly effective as an adjunct in the treatment of diabetes, improves the body's ability to use blood sugar and improves glucose tolerance. It is also a mild laxative and liver tonic.



**Moringa:** It has a high content of protein, vitamins, minerals such as calcium, copper, iron, potassium, magnesium and zinc, and an exceptional amount of antioxidants. Very effective with problems with anemia. Increases the body's natural defenses. also helps with problems of diabetes, it improves healing of the skin, provides more energy and regulates sugar levels in the blood.



**Fastest Mind:** 100% natural herbal blend helps to increase concentration, improves memory, increases blood flow and oxygen to the brain, increases levels of serotonin and dopamine in the brain, especially benefits the nervous system.



**Stone Breaker:** Supplement 100% natural based on a plant in the Amazon, which acts as a diuretic and renal inflammatory. Contributes to the dissolution of kidney stones and gallstones. In turn invigorates and protects the liver, digestive and kidney functions. Anti inflammatory in gastrointestinal disorders.



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**Chuchuhuasi:** Tree of the Peruvian Amazon, the bark is traditionally used to relieve rheumatic pains and neuralgia in general. It has an invigorating, stimulating and invigorating action.



**Turmeric:** It is a potent antioxidant, anti-inflammatory, hepatoprotective, improves gastrointestinal health, protects against cataracts. It maintains healthy nervous system and prevent neurodegenerative diseases such as Alzheimer's.



**Purple Corn:** Purple Corn: Unique variety of corn grown in the Andes of Peru, known to be a powerful natural antioxidant. It helps slow the cellular aging process. Prevents cardiovascular diseases. It helps regulate blood pressure. It stimulates diuretic action.



**Mango Plus:** Very effective in weight loss. Lowers cholesterol and triglycerides and increases good cholesterol, thanks to the amount of fiber contained in the seed contains the leptin hormone that suppresses appetite and provides a feeling of satiety, which causes fat as energy is used. It also reduces blood pressure and control diabetes.

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**Hercampuri:** It is a blood detoxifier which helps to eliminate low-density lipids blood LDL cholesterol lowering. It facilitates the circulation and because of its diuretic action is used to normalize blood pressure. It is also hypoglycemic and hepatoprotective (tones, regulates, strengthens, detoxifies and protects the liver, also regulates enzymes).



**Maca Premium:** Tuber growing in the area of the Andes, known for its high protein content, is a tonic and energizer in cases of physical and mental exhaustion. Strengthens the immune system. Help on problems of anemia, aids in bone calcification. Combats hormonal imbalance and menopausal problems. It stimulates fertility in men and women.



**Sugar Balance:** 100% natural herbal mixture, which helps regulate the level of sugar in the blood and restores insulin secretion, promotes and regulates the functions of the pancreas, has hypoglycemic action, is a powerful astringent.



**Sand Flower:** It is a detoxifying plant, leaves the body free of toxins mainly from beef or seafood, excessive spices or canned food. Has an anti-inflammatory effect, eliminates the pain of arthritis, rheumatism and sciatica. It has a hepatoprotective and diuretic action.



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**Orange Blossom:** Supplement 100% natural, from tree Azahar, also it called orange blossom. It has calming effects that help eliminate discomfort caused by nerves. The flowers are used to relieve anxiety problems, insomnia and gastrointestinal spasms.



**Graviola:** 100% natural supplement it based on a plant in the Amazon, which helps to protect, enhance and strengthen the immune system. It works by inhibiting cancer cells while respecting healthy tissue. effectively complements the action of chemotherapy. Also it is known as tonic, anti-viral and anti-parasitic.



**Ginkgo Biloba:** 100% natural supplement that helps improve blood flow to the brain. It is also used for memory disorders result of poor blood circulation in the brain, such as memory loss that occurs in Alzheimer's disease, headache, tinnitus, dizziness, difficulty concentrating, mood swings and hearing disorders.



**Hepa Health:** 100% natural herbal mixture, which helps protect the liver, liver stimulant, stimulates the liver to produce more bile facilitating the digestion of fatty substances, anti-inflammatory, diuretic, carminative, digestive and slightly laxative.



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